

So..... What do we offer

- Information, support & Advice
- Confidential & non judgement
- Alternative Therapies
- Counselling
- Drop in
- Telephone & email support
- Sexual Health Service
- Stop Smoking Service

What People have said about us...

"The Edge have helped me with more than my drug use problems, they helped with housing and work. If I ever needed to talk, someone was always there to talk to."

"At first I thought they were goody goodies - now I know they're alright and know their stuff."

"The Edge helped me learn more about myself, my needs and wants etc. Also how to stand away from a situation and see it from a different point of view."

"My experience at The Edge has taught me that I don't need to take drugs to be happy and cope with situations."

The Edge provides information, advice & support to young people up to the age of 18 with drug and alcohol issues.



Tel: 01635 582002

Waterside Youth & Community Centre
Waldegrave Place,
Northbrook Street,
Newbury,
Berkshire
RG14 1DS

Email: theedge@westberks.gov.uk
Website: www.edgecrew.co.uk



What can The Edge do for you?



Young People's Drug & Alcohol
Service for West Berkshire

Drop In...

The term "Drop In" at The Edge means that you can just "drop in" and you don't have to have an appointment. This can be very useful for you if you are having a rough time at the moment, and don't really know if you are coming or going. Plus, it also means that you don't have to go through the formalities of actually making an appointment, as this can sometimes seem a bit too much like a doctor's surgery!

There will usually be someone who can see you there and then if you drop in, but occasionally all the workers will be busy and you may have to make arrangements to come back in at a later date.

Services Available...

- Drug Education
- Counselling
- Alcohol Information
- Cannabis Group
- Health Checks
- Drug Testing
- Relapse Prevention
- Family Work

Confidentiality...

We try to keep everything discussed between you and The Edge exactly that... between you and The Edge... However, if we are really worried about your safety we may give someone else information in order to protect you.

This happens very rarely and we will always try to let you know first. If you want to know more about this then just ask us.

At The Edge we believe that young people have the right to decide for themselves what treatment/ work they would like to do with us. That means that you do not have to have a parent's permission to come to The Edge.

We do have to make sure that you are able to fully understand what work you will be doing here. However, if we feel that you are having difficulty understanding anything we may have to get a parent's permission. Also if you are under 13 by law, your parent/carer has to agree to any work you do with us.

Stop Smoking Service...

Stop Smoking Advice is available at The Edge. We can offer ...

- Support
- Encouragement
- Advice
- Up to eight weeks prescription for Nicotine Replacement Therapy

Sexual Health...

We offer confidential sexual health advice on all areas of sexual health. Our aim is to ensure that you are given all the facts so that you can make an informed decision. We offer a range of services including...

- Access to condoms and lubes
- Safe sex information & advice
- Chlamydia Testing
- Pregnancy Testing
- Pre & Post test counselling
- Pregnancy advice
- STI information and advice
- Contraception information and advice

We refer to other services to provide any care which we may be unable to.

Alternative therapies...

The Edge considers alternative therapies and relaxation exercises to be an essential component to your treatment of drug/ alcohol use. Following an assessment you can access the following services which are carried out by fully qualified members of staff.

- Reiki
- Auricular Acupuncture
- Indian Head Massage
- Relaxation

For more information on these treatments please ask a member of The Edge team or pick up a leaflet from inside The Edge.